

Medical Research Scholars Program *at the* National Institutes of Health

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Office of Clinical Research Training and Medical Education NIH Clinical Center





Clinical Center

NIH National Institutes of Health

"NIH's mission is to seek fundamental knowledge about the nature and behavior of living systems and the application of that knowledge to enhance health, lengthen life, and reduce illness and disability."

Three Core Clinical Center Missions

Performing top-tier science



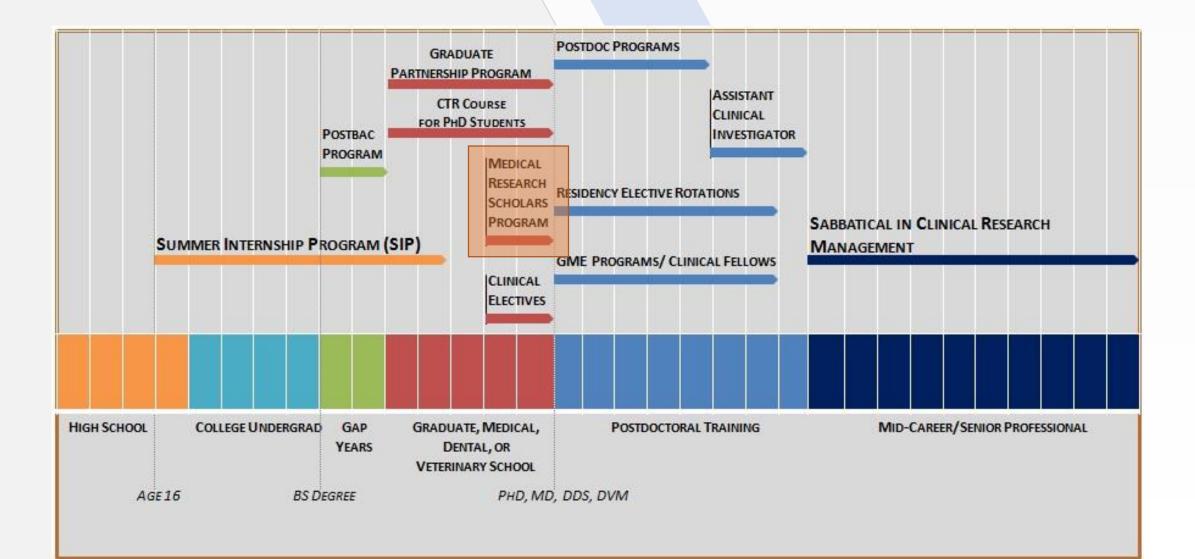
Providing patient care





Training the next generation of clinician-scientists

Clinical Research Training Opportunities Portfolio



NIH Medical Research Scholars Program

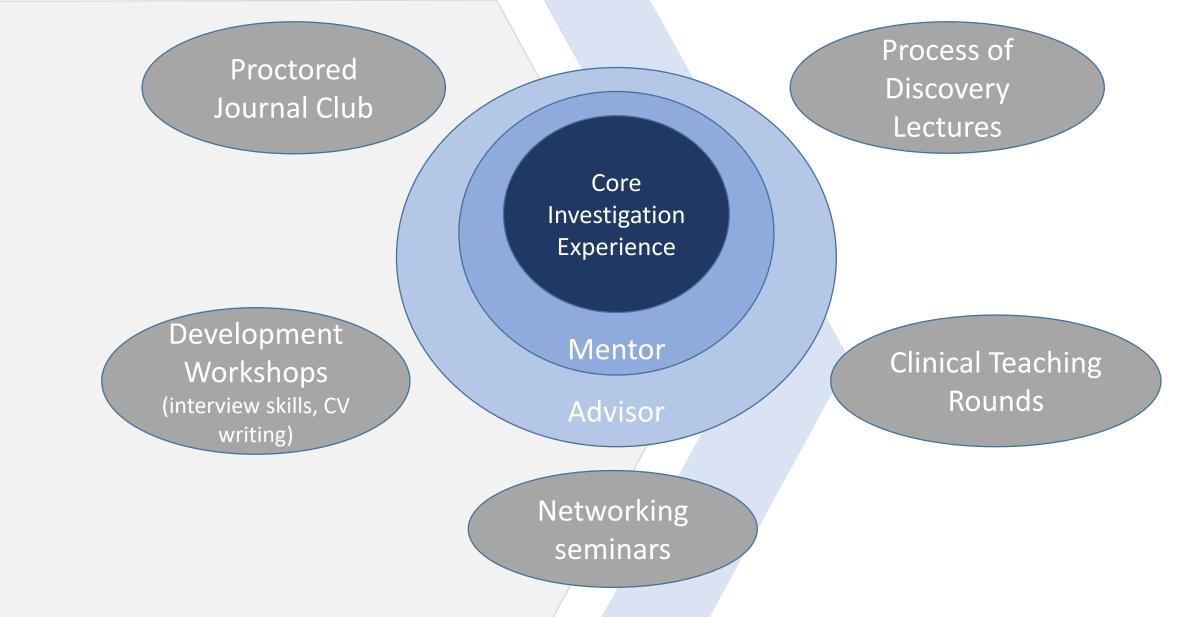
"To be the premier training program for future clinician-scientists that advances health by inspiring careers in biomedical research"

- A comprehensive, year-long residential research enrichment program for medical, dental, and veterinary students
- Scholars engage in a mentored basic, translational, or clinical research project in an area that matches their personal interests and career/research goals
- Located at the NIH Intramural Research Program in Bethesda, MD
- Co-sponsored by the NIH and private partners via contributions to the Foundation for the NIH



NIH Medical Research Scholars Program

"Not a research program for medical students ... but a career development program for students heading toward careers in biomedical research that is centered around a robust investigation experience"



Mentoring, advising and a curriculum...centered around a robust investigation experience.....

The Curriculum

Process of Discovery

Lectures on seminal basic and clinical research topics that highlight the continuum of discovery, including issues in bioethics, science policy and emerging technologies

Clinical Teaching Rounds

Select master teacher/investigators present their research in a case-centered forum with participating patients, discussing not just the science of medicine, but the art of clinical care

Proctored Journal Club

- Training in clinical protocol development and the conduct of human subjects research
- Monthly networking sessions with selected great teachers from NIH and other academic institutions
- Workshops (CV writing, interview skills, protocol writing, Work-Life balance)
- On-going Seminars by world renowned researchers (Clinical Center Grand Rounds, Demystifying Medicine, Wednesday Afternoon Lecture Series)

Why choose MRSP...

- Mentorship within and across disciplines
- Advising program
- Independent research time
- Unique curriculum
- Team science and collaboration with peers
- Professional and personal long-term networking with participants
- Access to a wealth of resources for conducting research
- Immersive residential experience, sharing the excitement of new discovery with like-minded fellow scholars from multiple academic institutions

Opportunities...

- Statistical programming software
- Flow cytometry
- CRISPR
- MRI techniques/Image processing and analysis
- On-campus courses
- Publications
- Travel
- Public Speaking

Networking...meeting renowned scientists and academicians...

- Dr. Vivek Murthy, US Surgeon General, 2014-2017
- Dr. Catherine DeAngelis, first woman editor of JAMA
- Dr. John Schiller, developer of HPV vaccine
- Dr. Steve Rosenberg, pioneer developer of adoptive immunotherapy
- Dr. James Bagian, physician, astronaut and patient safety expert



Dr. Catherine DeAngelis, with MRSP Scholars

Living, working, and socializing with like-minded Scholars....



Anesthesiology	Transcriptional and Molecular Analyses of Spinal Pain Circuits					
Cardiology	Effect of Anti-Interleukin-17 Monoclonal Antibody Therapy on Coronary Plaque Characteristics in Psoriasis					
Dental Medicine	Localized Fibrin Accumulation in the Oral Gingiva Leads to Severe Periodontal Bone Loss					
Dermatology	Assessing the Therapeutic Utility of CEACAM1 Blockade in a CRISPR-Cas9-Based Mouse Melanoma Model					
Genetics (REI)	vestigating PRDM9, a Rapidly Evolving Regulator of Genetic Recombination					
Infectious Diseases	Phylogenetic Analyses of Early HIV Epidemic in Washington, DC					
Interventional Radiology	An Image-Based Evaluation of IVC Filter Implant Healing in a Swine Model: Implications for Performance and Retrievability					
Neuro-psychiatry	7q11.23 Copy Number Variation Impacts White Matter Microstructure as Measured by Multicomponent Driven Equilibrium Single Pulse Observation of T1 and T2 (mcDESPOT)					
Neurosurgery	Combination of PP2A Inhibition & PD-1 Blockade Synergistically Induces Regression of Murine Intracranial Glioblastoma					
Oncology	Targeting CD200 as an Immune Checkpoint in Merkel Cell Carcinoma					
Oncology	Immunotherapy Utilizing the Combination of NK and ADCC Mediating Agents with PARP Inhibition					
Ophthalmology	Deep Learning and its Applications to the Age-Related Eye Disease Studies: An Imaging and Text-Mining Approach					
Pediatric Neurology	PIEZO2 Deficiency Syndrome: Clinical Manifestations and In Vitro Cellular Modelling					
Pediatric Oncology	A Therapeutic Strategy for Targeting N-Myc Driven Neuroblastoma using Epigenetic Small Molecule Inhibitors in Combination with Topoisomerase Inhibitors					
Population Health/ Disparities	Secondhand Smoke vs. Secondhand Vapor: Prevalence and Associated Characteristics Among Youth in Florida					
Population Health/ Disparities	Relationship Between Neighborhood Socioeconomic Deprivation and Telomere Length: NHANES 1999-2002					
Urology	Multiparametric Magnetic Resonance Image-Guided Robotic Radical Prostatectomy After Neoadjuvant Enzalutamide and Androgen Deprivation Therapy					

Nites of Health Clinical Center

What do Scholars investigate?

Finding a research mentor

- After scholars are selected, they are given access to lists of approved mentors. With hundreds to select from, they are also given advice and guidance from the MRSP Academic Director and their MRSP Advisor.
- Scholars can research mentors in advance using the NIH intramural database
 - Go to http://intramural.nih.gov/search/index.taf
 - In top line, leave the reporting year as 2015, and then
 - Select either "all" NIH Intramural Institutes and Centers or any individual Institute or Center
 - In the next line, put an investigator's name and/or one or more key words
 - Check "include relevancy score in search result"
 - Click "Search" to get relevant "NIDB Annual Report(s)"
 - Click on weblinks to get pop-up reports of interest
 - To start a new search, close pop-up, scroll up, change the investigator or key words, and click Search again

NIH Intramural Database
Search NIH Intramural Research Reports
2017 ✓ Select Institute or Center → Institute or Center ✓ search words
All Annual Reports by an Institute or Center (by single year)
Request List of Reports *Required The sum of 9 + three = 0 List all for an NIH Institute or Center
Retrieve a SINGLE Intramural Research Report, using the project's Z-number
Code Project # Year Z AA v 2017 v ALL three elements are required
Request must be in the following format: Code = The Institute's two letter report code (select from the list)
Code = The Institute's two letter report code (select from the list) Project # = The individual Report's project number (e.g., 012345)
Year = Select to obtain the Report for the project in that fiscal year
Only those reports approved at the Scientific Director level will be available for viewing.

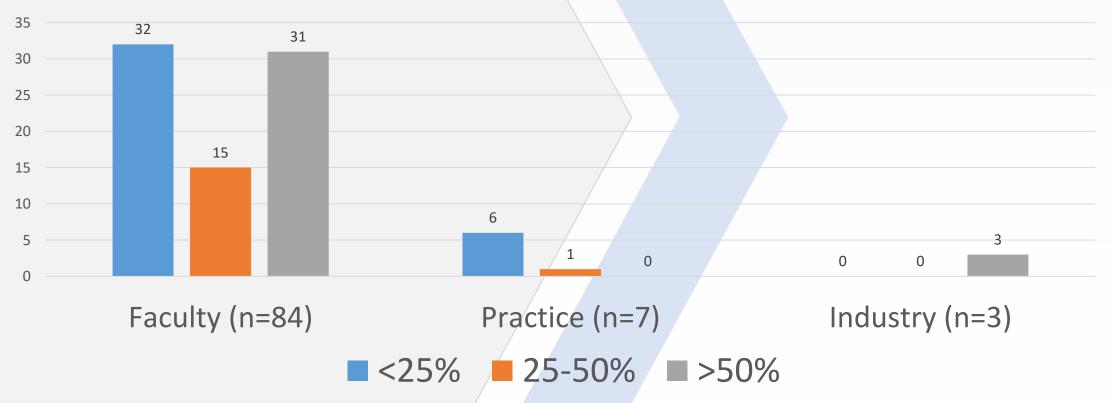
Outcomes: most graduates participate in research during residency....

Residency	No. of residents	Research in residency	% doing research	
Anesthesiology	2	1	50%	
Dermatology	14	4	29%	
Emergency Medicine	6	3	50%	
Internal Medicine	34	25	74%	
IM/Pediatrics	2	2	100%	
Neurology	5	5	100%	
Obstetrics/Gynecology	1	1	100%	
Ophthalmology	7	5	71%	
Pediatrics	17	15	88%	
Psychiatry	3	3	100%	
Radiation Oncology	3	3	100%	
Radiology	12	5	42%	
Surgery (including Dentistry)	20	11	55%	

From: Ognibene FP, Gallin JI, Baum BJ, Wyatt RG, Gottesman MM. Outcomes From the NIH Clinical Research Training Program: A Mentored Research Experience to Enhance Career Development of Clinician-Scientists. Acad Med. 2016 Dec;91:1684.

...and go on to research after residency and fellowship

Research Time Allotted



Ognibene FP, Gallin JI, Baum BJ, Wyatt RG, Gottesman MM. Outcomes From the NIH Clinical Research Training Program: A Mentored Research Experience to Enhance Career Development of Clinician-Scientists. Acad Med. 2016 Dec;91:1684.

MRSP Class profile, '18-'19

- N=37
- 24 female (65%)
- 3 underrepresented minorities (8%)
- 34 medical, 2 dental, 1 veterinary
- 28 different schools

NIH MRSP Scholar Benefit Package

- 12-month stipend (~\$36,000)
- Relocation expenses to and from Bethesda
- Residential furnished housing on NIH campus
- Domestic conference travel expenses
- Health insurance
- Tuition support for scientific courses and textbooks

2019-2020 NIH Medical Research Scholars Program Timetable

October 1 November 15 January 11 Mid February Early March Mid March Mid March

July thru August

Application website opens MRSP informational webinar (12:30 pm, EST) Application deadline (5 pm, EST) Notification of Interview **MRSP Interviews (on the NIH campus)** Notification of Selection Uniform Deadline to Accept (MRSP, Sarnoff, and Doris Duke) Students Arrive at NIH to begin year (rolling arrival dates based on home school calendar)

Recommendations for a competitive application

Clear interest in research

- Your interest and potential are the most important criteria
- Strong and detailed letters of recommendation
 - From faculty who know you well
 - If your research accomplishments are modest, then have your recommenders address this positively and strongly

Focused cover letter/personal statement

- Excellent writing is essential. Grammar matters!
- Use this as your opportunity to describe your motivations to pursue biomedical research as your career path.
- Start application early

Clinical Center's Training Website

State of Health and Human Services NIH) National Institutes of Health



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About the Clinical Center	Search the Studies	Patient Information	Education & Training	Researchers & Physicians	News & Events	Staff Directory
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http://clinicalcenter.nih.gov/training/index.html

For More Information

 Clinical Center Office of Clinical Research Training and Medical Education

http://www.cc.nih.gov/training/index.html

- NIH Clinical Center <u>http://www.cc.nih.gov</u>
- National Institutes of Health <u>http://www.nih.gov</u>
- Contact:
 - Administrative email box, <u>MRSP@mail.nih.gov</u>